

**Name:** Al Foreman  
**Career Record:** [click](#)  
**Alias:** Bert (Kid) Harris  
**Nationality:** United Kingdom  
**Birthplace:** London, England  
**Hometown:** Montreal, Quebec, Canada  
**Born:** 1904-11-03  
**Height:** 5' 5"  
**Manager:** [Maurice Foreman](#) (his brother)

**Al Foreman**, of Jewish/Hebrew heritage, began boxing in England in 1920, under the name of Bert (Kid) Harris. He moved to North America where he fought in Canada and the United States. He captured the Featherweight Championships of the Army, Navy and Marine Corps. (According to the July 30, 1930 *Montreal Herald*, Foreman--at the beginning of his career--was credited with 61 knockouts, which reportedly was second only to [Young Stribling](#).) Foreman was a long-time #1 and #2 contender for the junior lightweight crown (late 1920s to late 1932), but never received a title shot, although he was the Canadian, British and British Empire Lightweight Champion.

A lightweight in the 1920s and early 1930s, Foreman was the British and British Empire lightweight champion from 1930-32.

**Birth and Death Dates:**

b. November 3, 1904 - d. unknown

**Career Highlights:**

Foreman began his career in the early 1920s (he turned pro in 1922) as a British featherweight. In the mid-1920s, he travelled to America as a lightweight and faced some of the best boxers in history. His first test came against former world junior-lightweight champion Mike Ballerino in January 1927 in Philadelphia; Al lost a 10-round decision. Four months later, Foreman again fought in Philadelphia, this time opposing former featherweight champ [Louis "Kid" Kaplan](#). Kaplan, who had vacated the featherweight title the previous year and moved up to lightweight, defeated Foreman in a 10-round decision.

Foreman remained in North America for a while longer and was considered a top contender in the junior-lightweight division (he continued to fight as a lightweight, as well). In September 1929, he faced the great Johnny Dundee, the former world featherweight and junior-lightweight champion. Foreman knocked the aging Dundee out in the tenth round to win the bout; Dundee, who was 35 years old, fought only four more times before retiring. The following year, Foreman returned to London and knocked out Fred Webster in the first round to capture the British and British Empire lightweight titles.

Over the next three years, Foreman successfully defended his titles by first knocking out George Rose in the sixth round, then fighting Johnny Cuthbert to a draw. In April 1933, Al travelled to Australia and faced Jimmy Kelso in a title bout for the British Empire crown, losing a 15-round decision. Foreman received a rematch the following month, and won the title back when Kelso was disqualified in the third round. Foreman returned to the U.S. to fight, but retired later that year without ever getting a shot at a world title despite winning 125 career decisions against only 10 losses.

**Origin:**

London, England

**Career Statistics:**

Professional record:

Wins: 125 (80 by knockout)

Losses: 10

Draws: 10